

Answers

There are more questions than
answers!

I don't have all the answers!

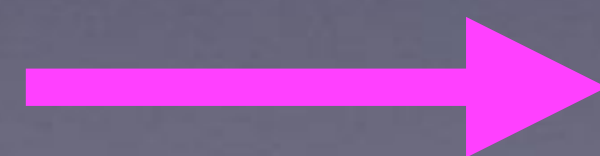
iPhone & iPad Basics*

April 14, 2022



Welcome
to the

Rose Park Senior Center*



A class for all levels of understanding!*

Call, Text, Email Me Don't Hesitate!!!!!!



My web site is on the top of my business card. Use the **web** address to see the slides that I present today!

*Call me anytime as long as you do not begin the conversation with, "I know this may be a dumb question..."

My Slides Are Available. Go to tommillermachelp.com and click on “Blog”.

Note:

I would encourage you to refer to the slides related to “Emergency” features!



tommillermachelp.com

Look for “Blog”!

This is a learning class...somethings may be new to you. Learning (a foreign language) is not easy.

“This Is My iPhone!

It’s

**The Best Device Of Its Kind
On The Planet!**

Three Things Today!

1. Quick iPhone Tips.
2. Make your iPhone ready for emergencies.
3. Make the Apple Watch useful for emergencies.

Seven Quick iPhone Hacks!

1. Put some cash between your case and phone.
2. Use the Camera in Notes to scan text!
3. Turn off Airplane Mode and turn it on to get a stronger signal close to you.
4. Tap the green button on the phone keypad to dial the last number you called.
5. Tap a "Dark display" in "Display & Brightness" and in turn save battery life.
6. You can stay in a phone call & swipe up to view the home screen & other apps.
7. You can change your Apple ID password on your iPhone in your "iCloud settings".

Apple confirms it's slowing down your old iPhone - but for good reason

By [Cameron Faulkner](#) last updated December 01, 2021

iPhone 6, iPhone 6S and iPhone 7 appear to be affected



Listen to this article



Update: Apple has confirmed it's slowing down older iPhones for a very specific reason. Aged batteries, low charges and cold weather can shut down your phone, so it's worked out an algorithm to reduce performance to protect the electronic components inside, according to a new statement on [TechCrunch](#).

So, yes, Apple is be slowing down your old iPhone, but the reason isn't as nefarious as it looks on paper. The end result is unchanged. You're more likely to upgrade to an [iPhone X](#) or replace the battery, which we're sure Apple loves and your wallet hates.

My iPhone Used To Be Fast!

Did Apple slow my phone so that I will purchase a new one?

Newer iPhones have faster processors.
Newer iPhones can do more things.

The article is from Tech Radar!

Library & Rose Park Calendar For April 2022!

Library Days

Rose Park Days

2022 APRIL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7 	8	9
10	11	12	13	14 	15	16
17	18	19	20	21 	22	23
24	25	26	27	28 	29	30

Abilene Public Library on 7th and 21st.

Rose Park on the 14th and 28th.

Prepare your iPhone for emergencies!

<https://www.laptopmag.com/how-to/prepare-your-iphone-for-emergencies>

**I Am Sharing Info
From What I Read.**



Disclaimer:
Apple assumes no
liability for using
their health apps!
(Nor do we)

**We are not medical
experts!**



Apple Urges Caution When Using Apps, Devices, and Instruction!



Get Your iPhone Ready For An Emergency!

Set up your iPhone to save your life!

The first thing: Carry your iPhone with you everywhere and all the time. Never leave home without it.

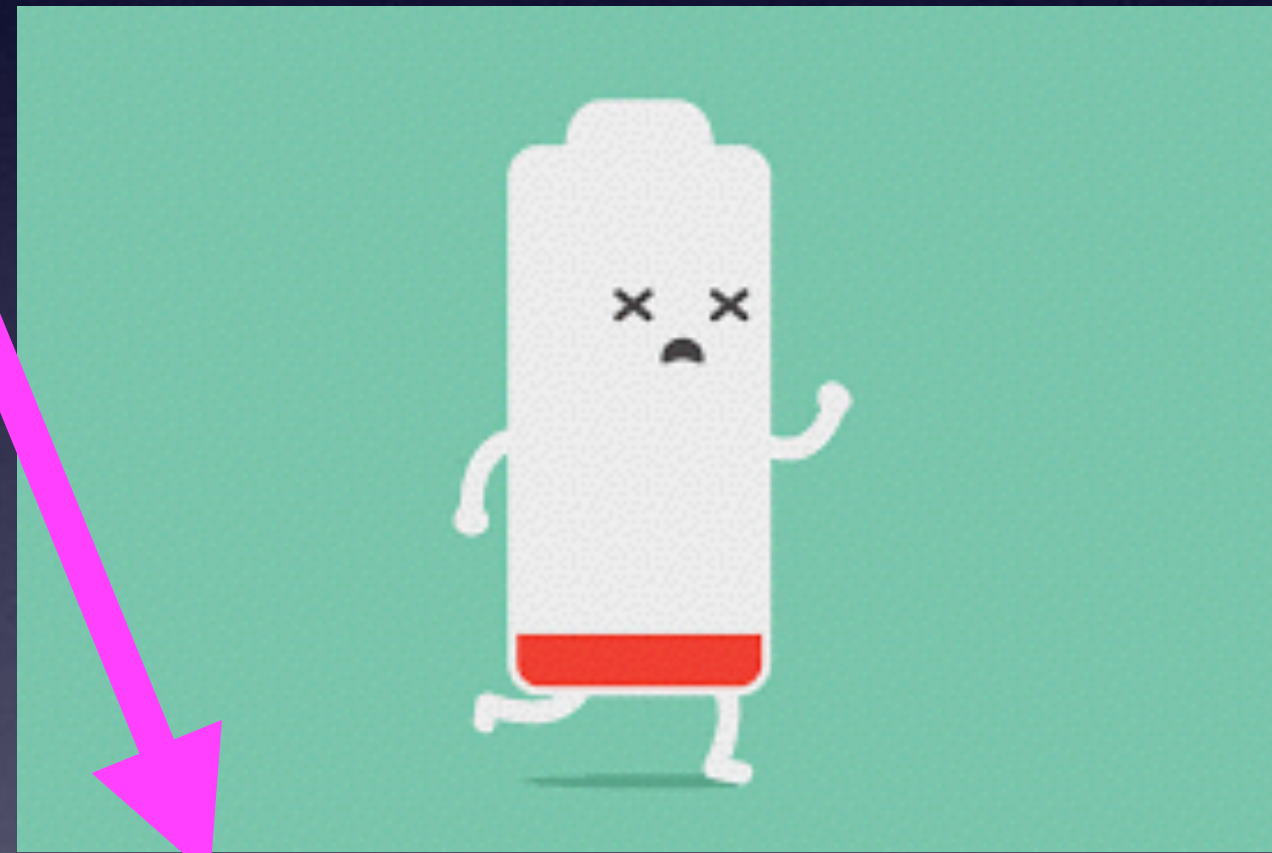


Karl Mauldin and his America Express card!

If you have an Apple watch and an iPhone you can be alerted if you leave one device behind!

Manage Your Battery!

What good is an iPhone without a proper charge!



This won't help you
or anyone who
may depend on you!

Be prepared to call.....
&
Be prepared to receive a call!

Create A Medical ID On Your iPhone!

In the event of an accident, it's vital for first responders to be familiar with the patient's medical history so that they can treat them accordingly. This information, however, is not always immediately available on the site of an incident — unless you have set up a "Medical ID" on your iPhone.

With "Medical ID," you can allow anyone to read your essential medical details, such as your blood group, allergies and medications — right from the lock-screen without unlocking your phone. It can also include your emergency contacts and their relationship to you.



Good but not good enough.

To set up a Medical ID!

Go to Home Screen

Then to the Health App

Click your profile on the top right.

Then to Medical ID

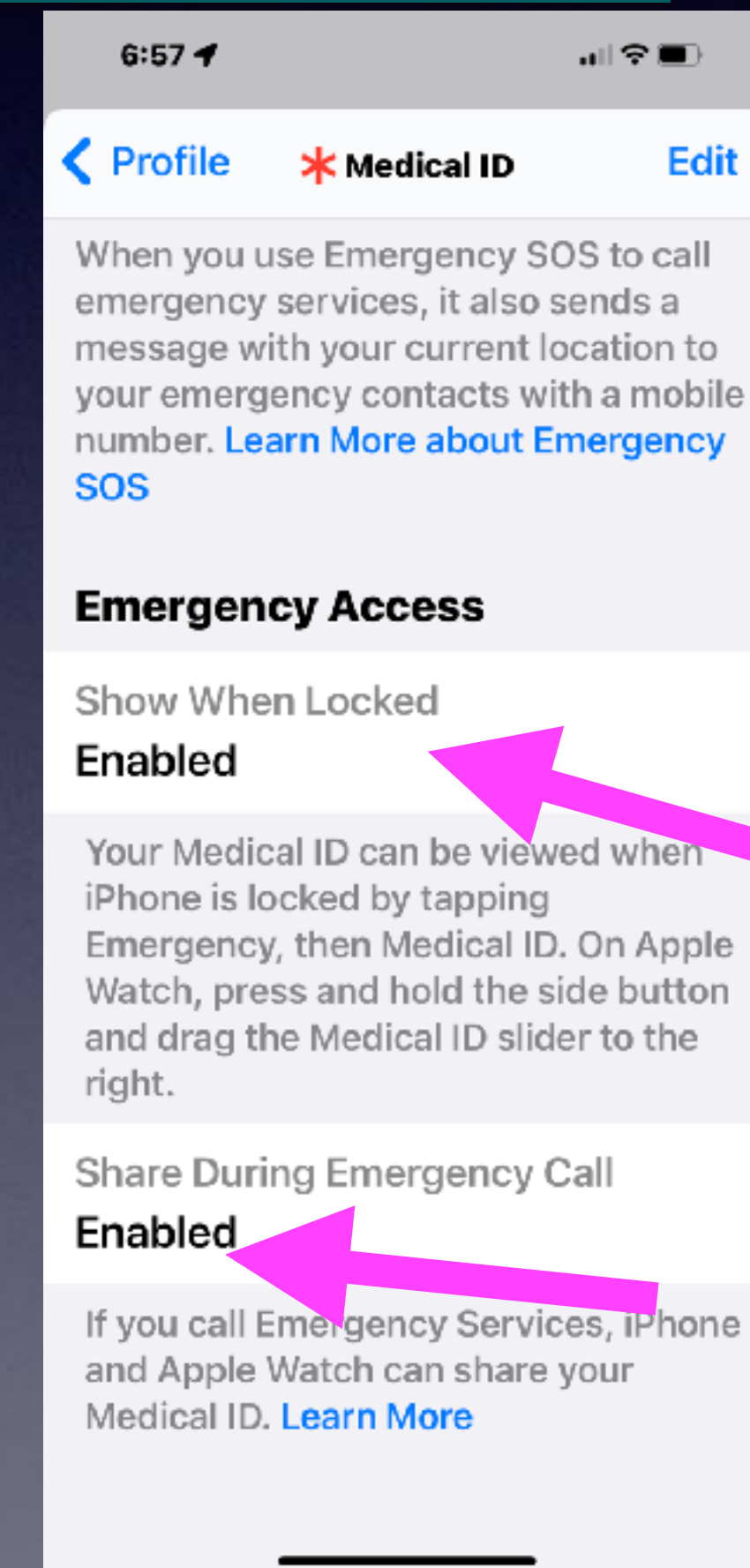
Tap to create a Medical ID if you don't have one.

Fill in all pertinent info

Add Medical notes.

Add family (emergency) contacts

Make sure that "Show when locked" is enabled.

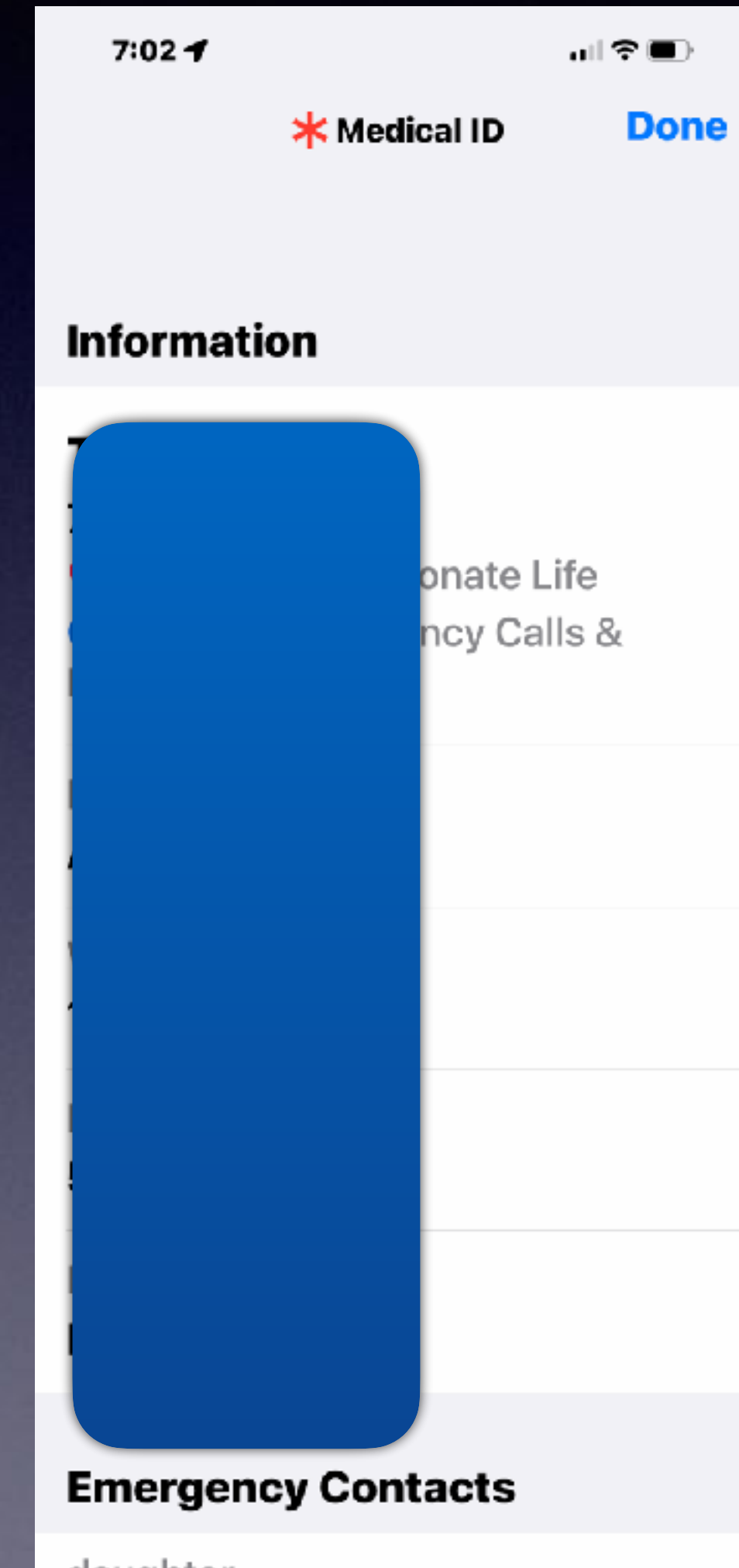
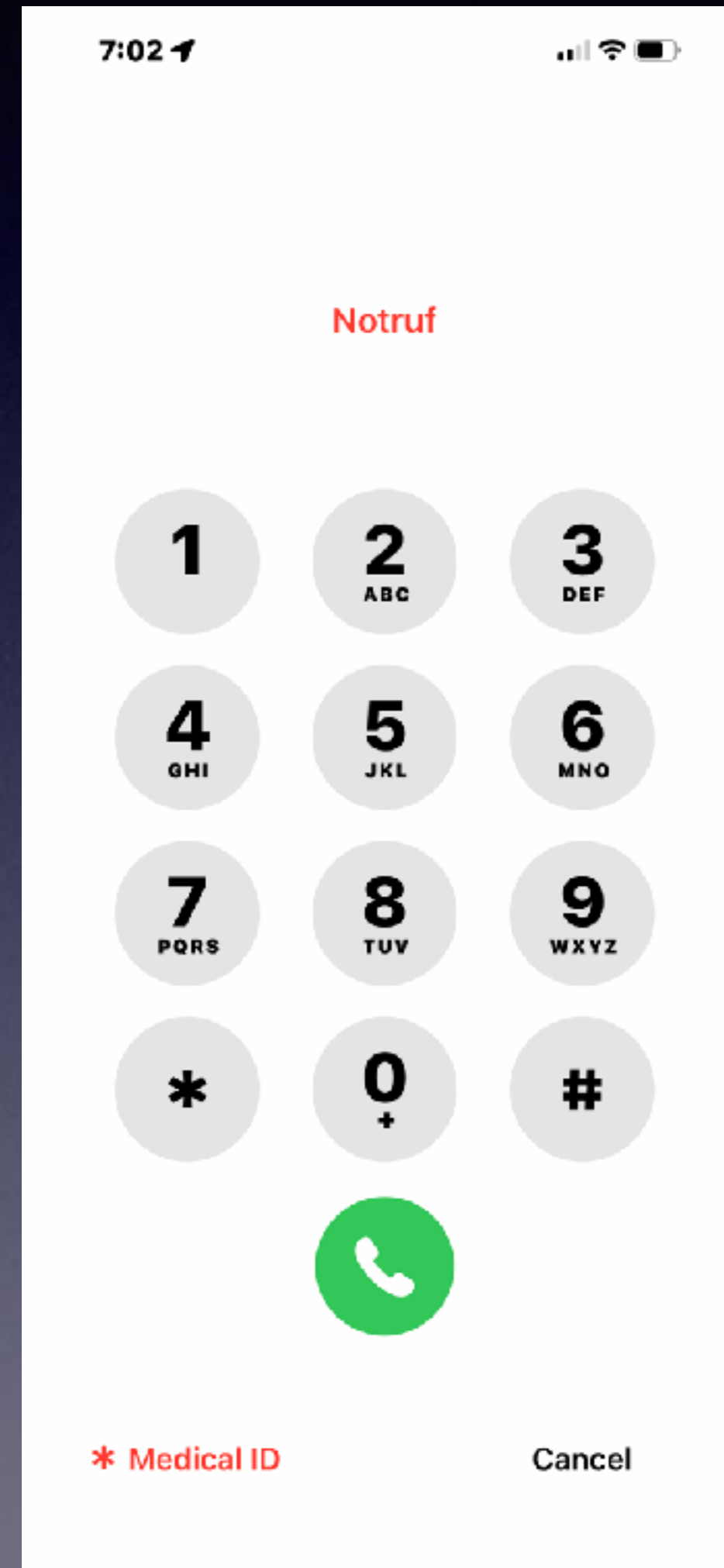


Access My Medical ID When My iPhone Is Locked!



Try unlocking the iPhone with Face ID.

If not able, wait until the keypad appears.



Enable & Be Ready To Use **SOS** On Your iPhone!

<https://support.apple.com/en-gb/HT208076>

Cancel





Here's how it works



When you make a call with SOS, your iPhone will automatically call the local emergency number for where you are. In some countries and regions, you may need to choose the service that you need. For example, in China mainland you can choose the police, fire or ambulance service.

You can also [add emergency contacts](#). After an emergency call has ended, your iPhone can alert your emergency contacts with a text message, unless you choose to cancel this option. Your iPhone will send your current location, and for a period of time after you've entered SOS mode, your emergency contacts will be sent updates when your location changes.

Emergency SOS

When you call using SOS!
Here is what will happen:

Call the emergency services

Make the call on iPhone 8 or later:

1. Press and hold the side button and one of the volume buttons until the Emergency SOS slider appears.
2. Drag the Emergency SOS slider to call the emergency services. If you continue to hold down the side button and volume button, instead of dragging the slider, a countdown will start and an alert will sound. If you hold down the buttons until the countdown has finished, your iPhone will automatically call the emergency services.

Make the call on iPhone 7 or earlier:

1. Rapidly press the side (or top) button five times. The Emergency SOS slider will appear. (In India, you only need to press the button three times, then your iPhone will automatically call the emergency services.)
2. Drag the Emergency SOS slider to call the emergency services.

After the call has ended, your iPhone will send your emergency contacts a text message with your current location, unless you choose to cancel this option. If Location Services is turned off, it will temporarily be turned on. If your location changes, your contacts will get an update and you'll receive a notification about 10 minutes later.

If you use the Emergency SOS shortcut, you'll need to enter your passcode to re-enable Touch ID, even if you don't complete a call to the emergency services.



Call SOS using an iPhone
8 or newer!

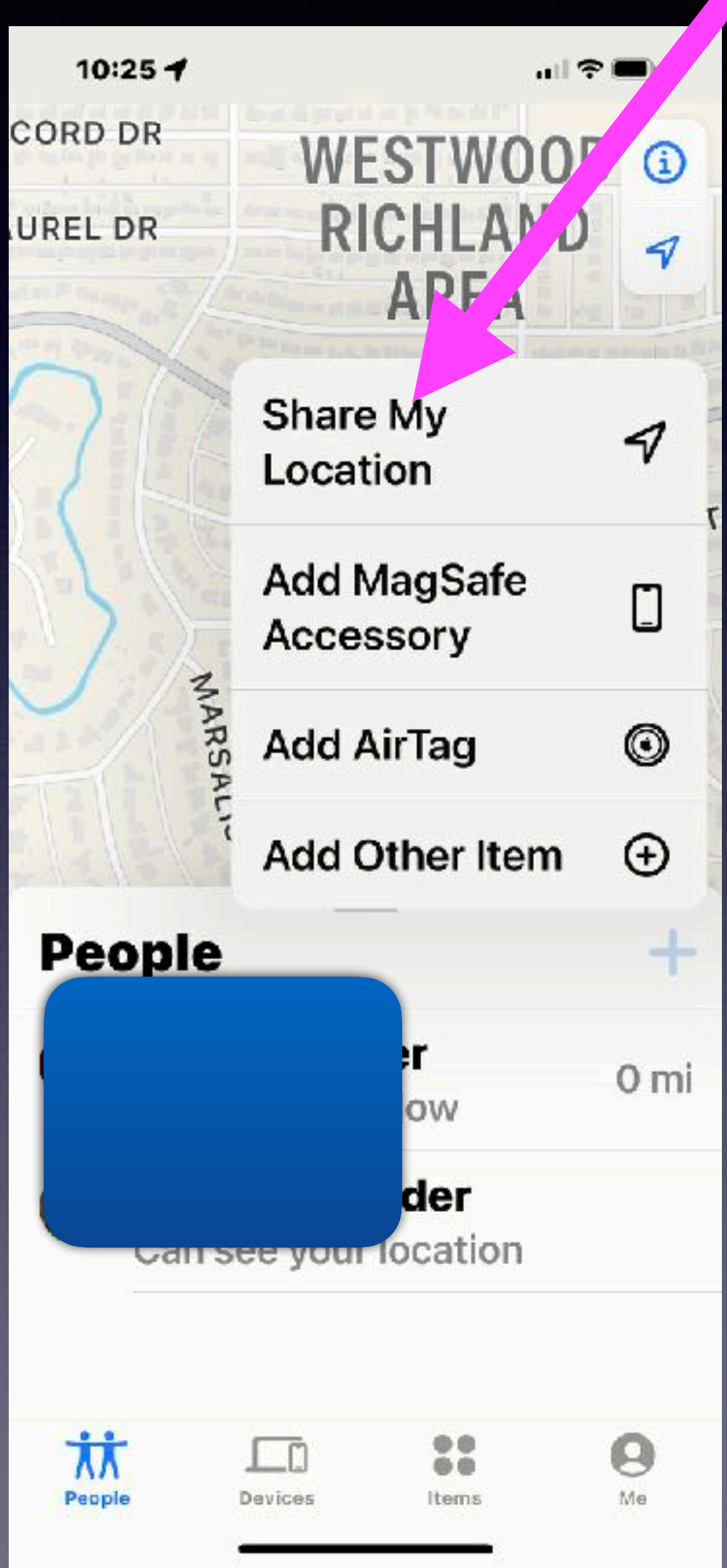
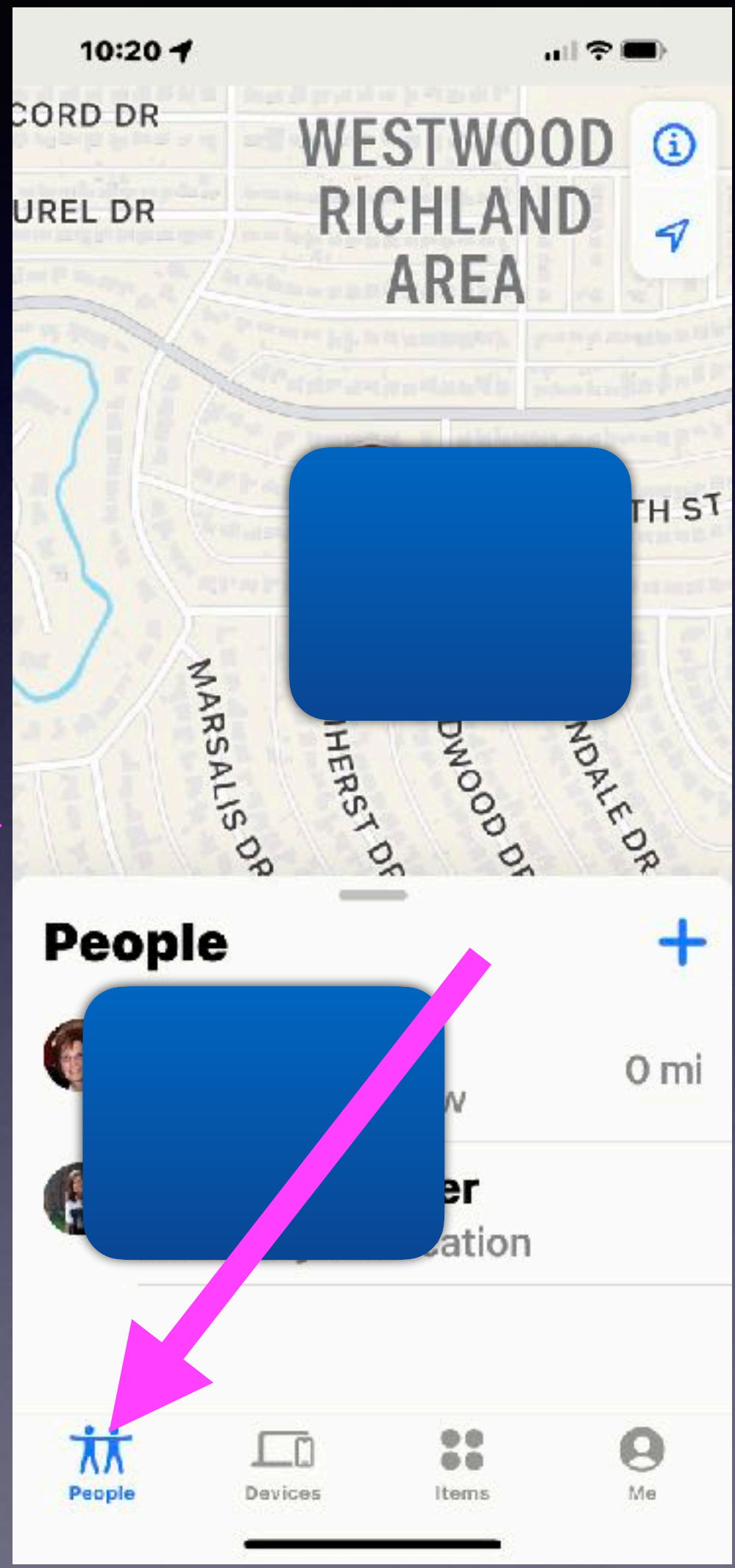
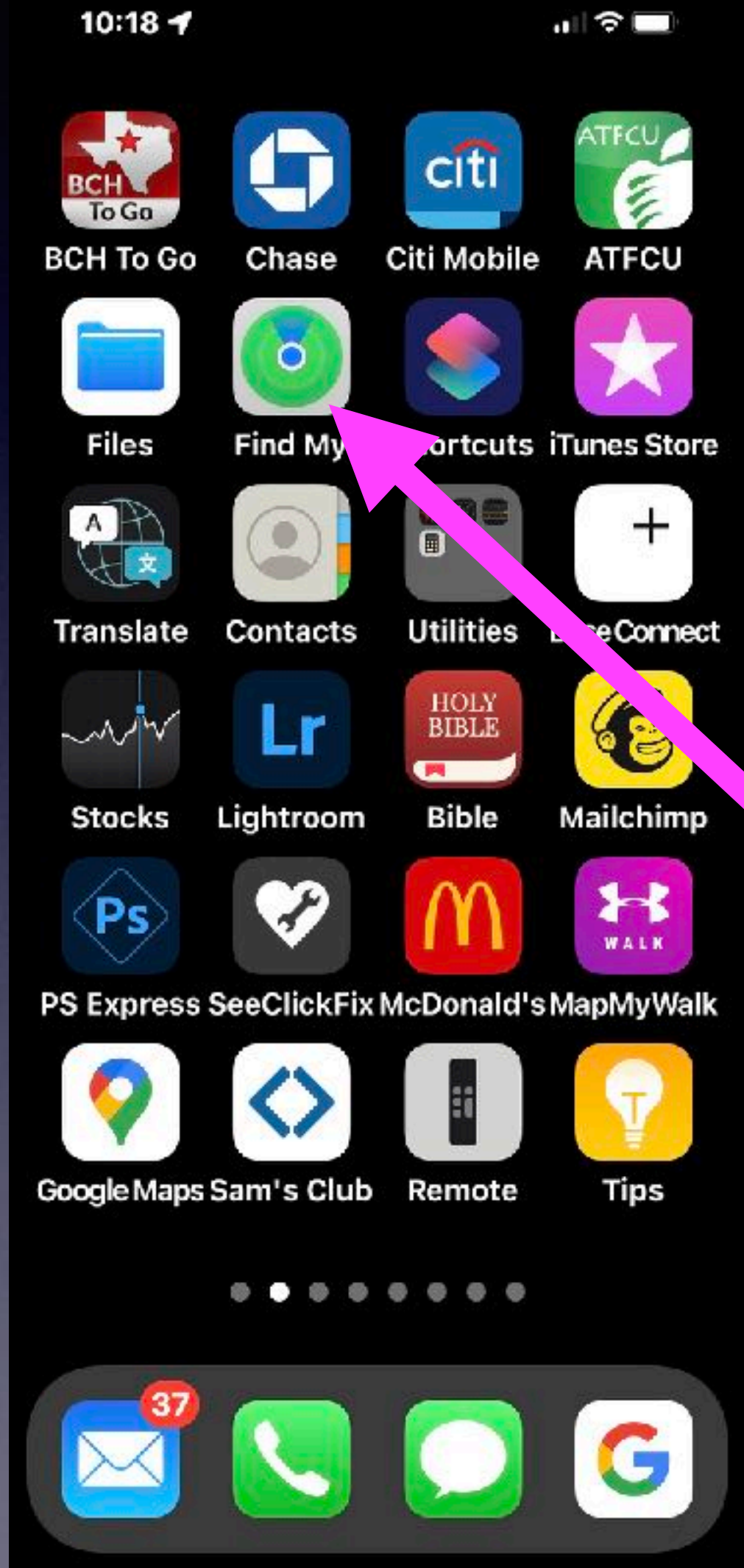
Call SOS using an iPhone
7 or older!

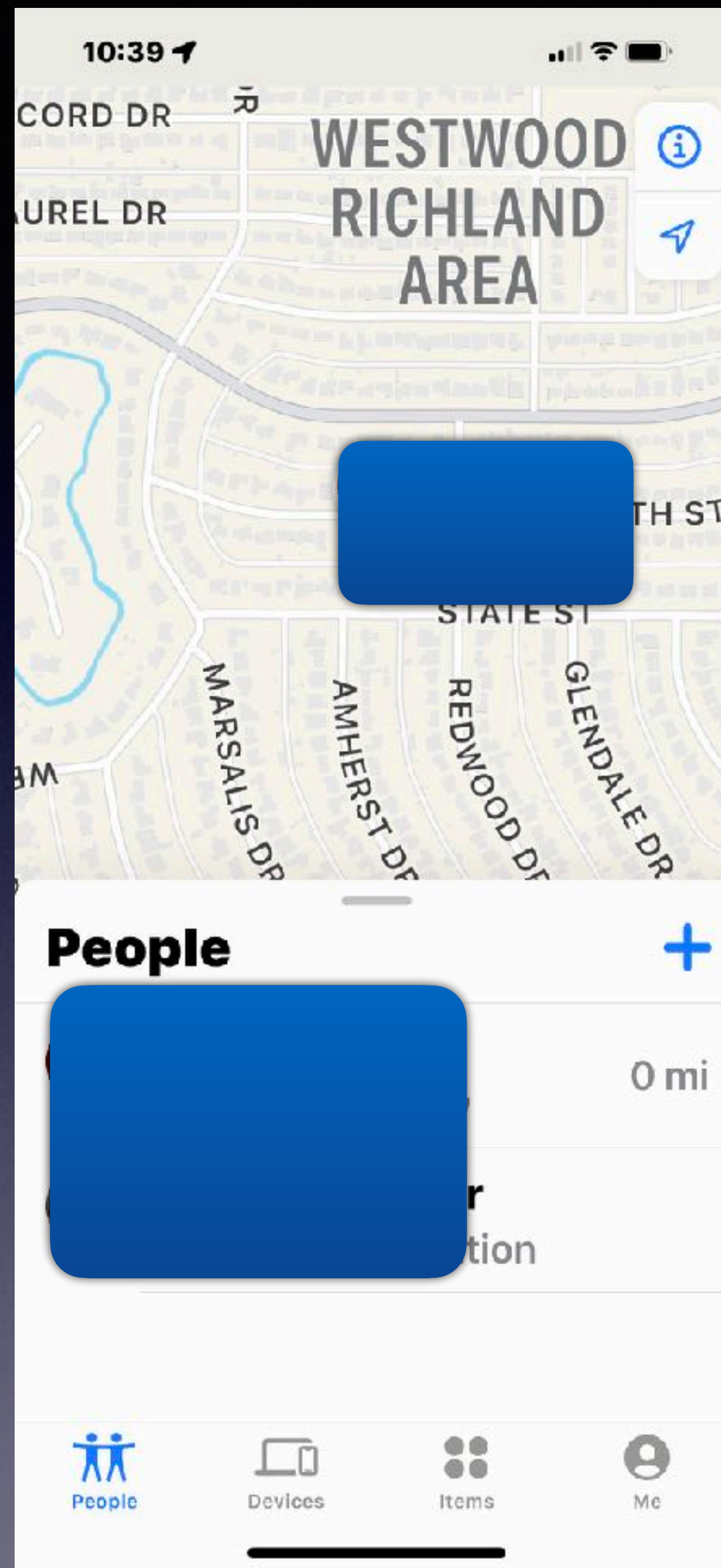
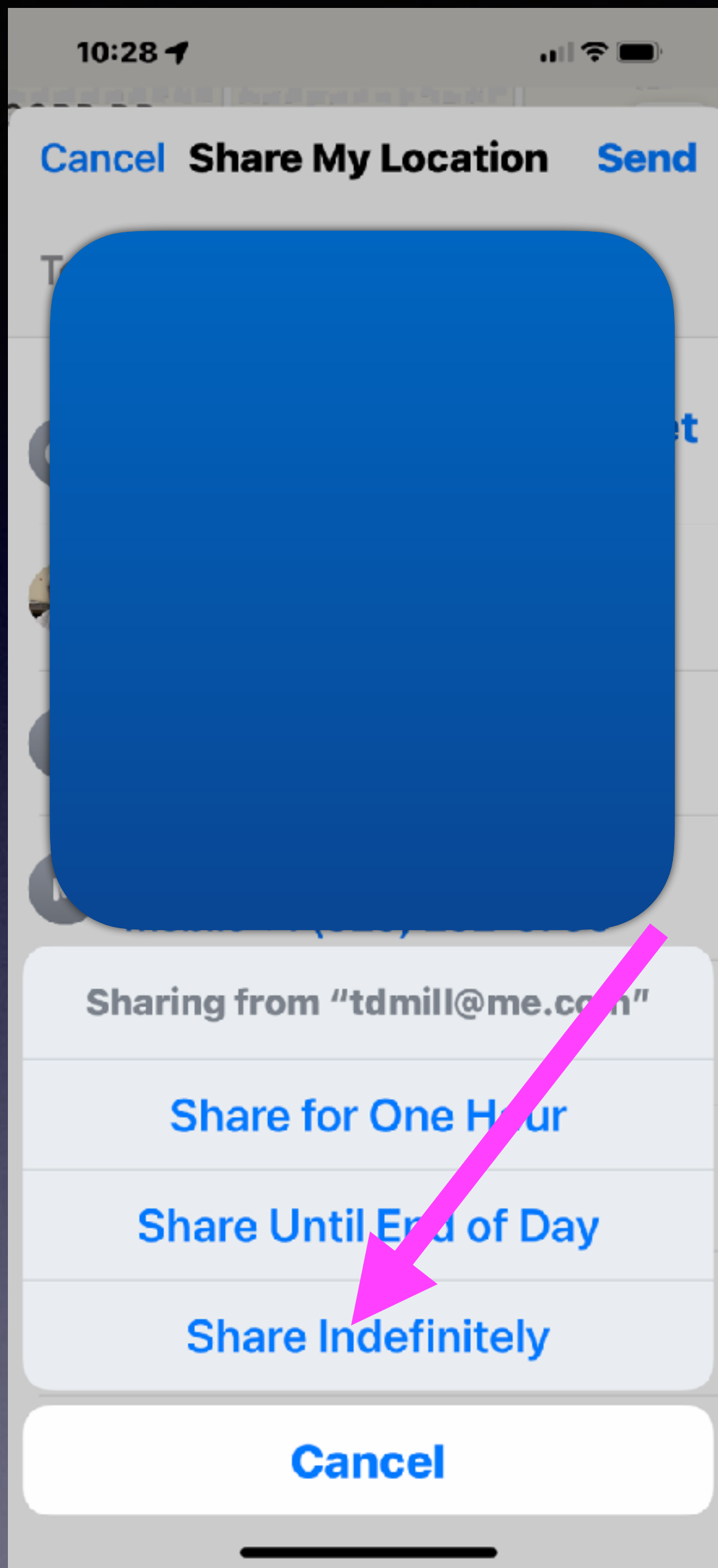
Share Your Location With Family & Friends!



The Purpose: To know that someone is able to look over you!

Open the "Find My" app.
Choose "People" then tap the "+".
Then choose "Share My Location"
Choose a person from your contact list.



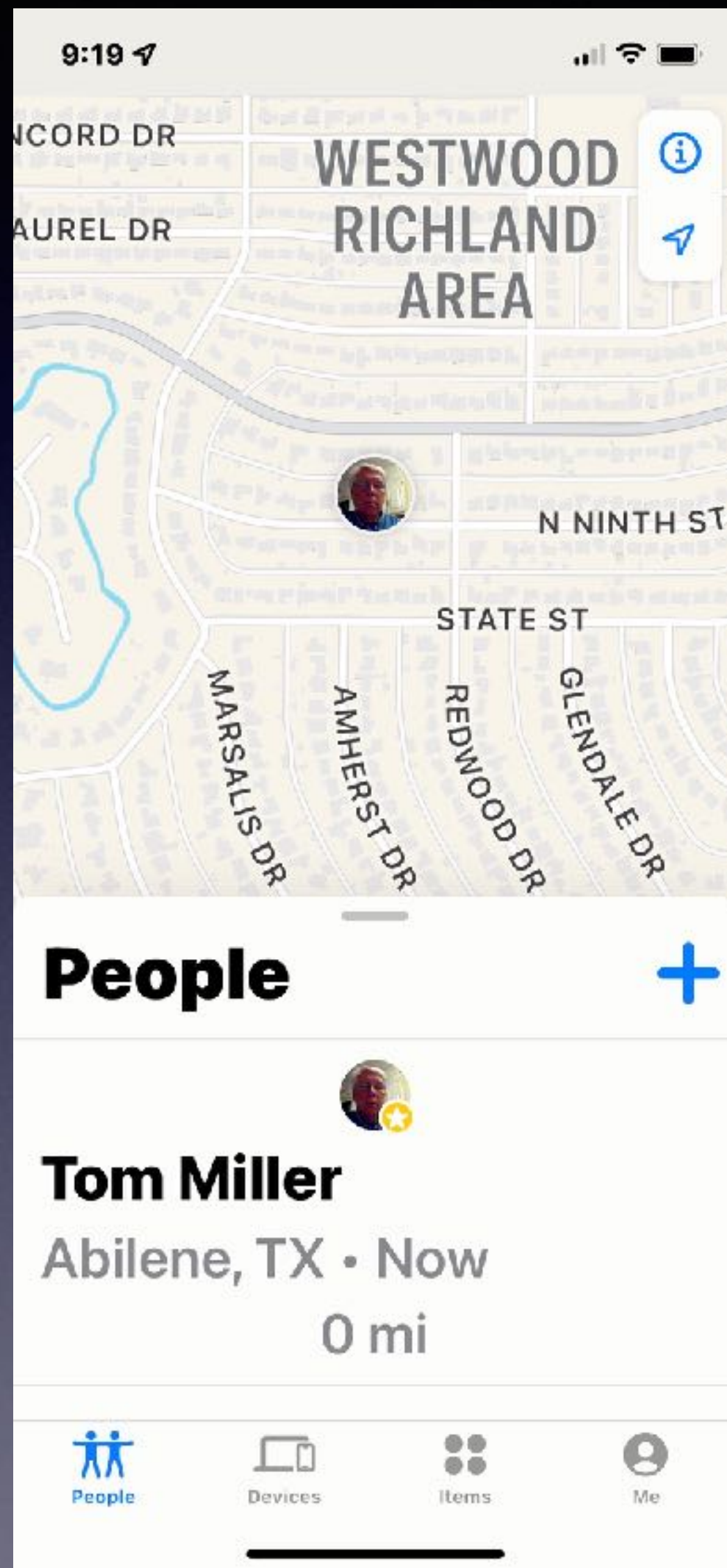


Choose A Person To Share Your Location!

Looking for someone who has shared their location...

Go to Find My and tap their name!

How Is Your Location Shared On Another Person's iPhone?

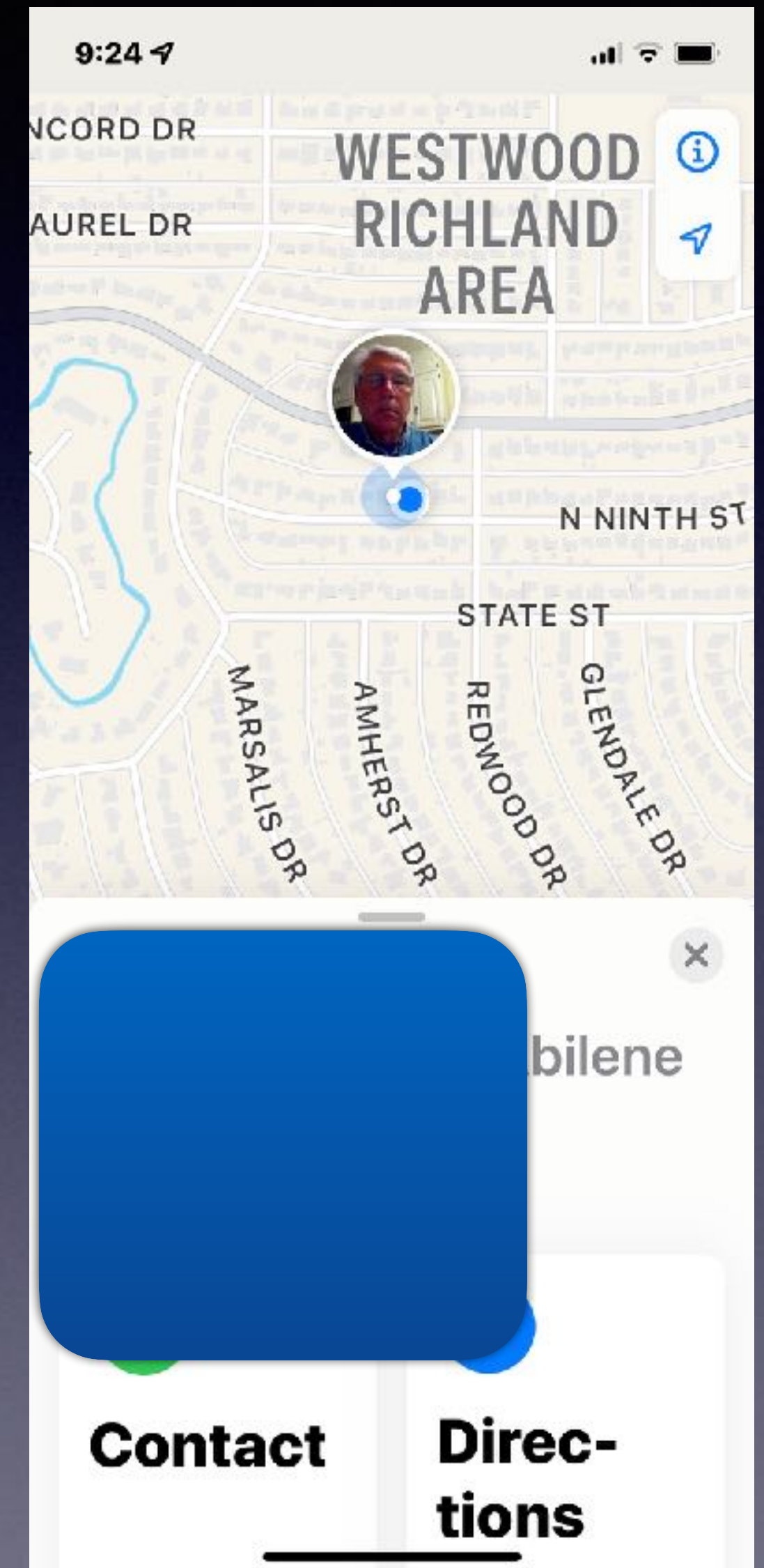


The person with whom I shared my location will go to the "Find My" app.

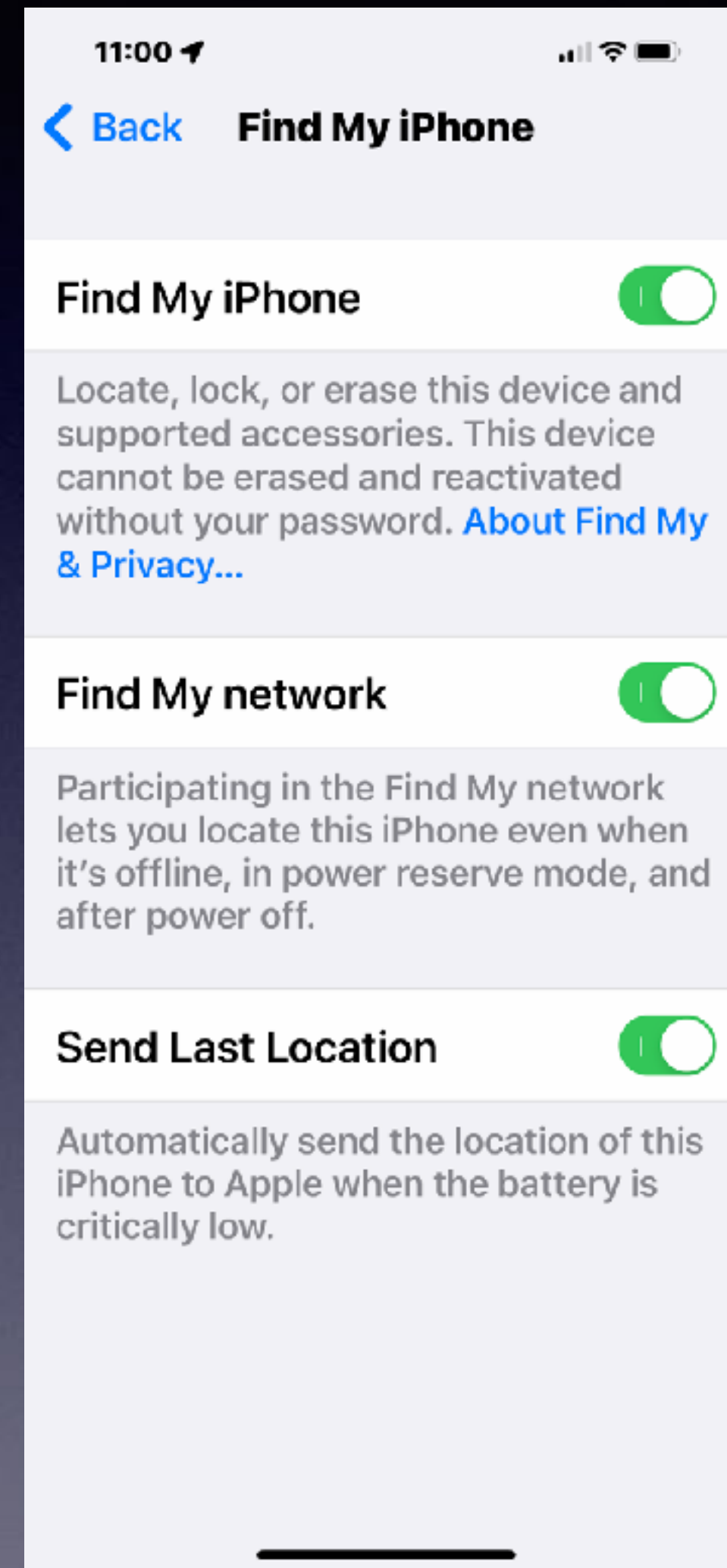
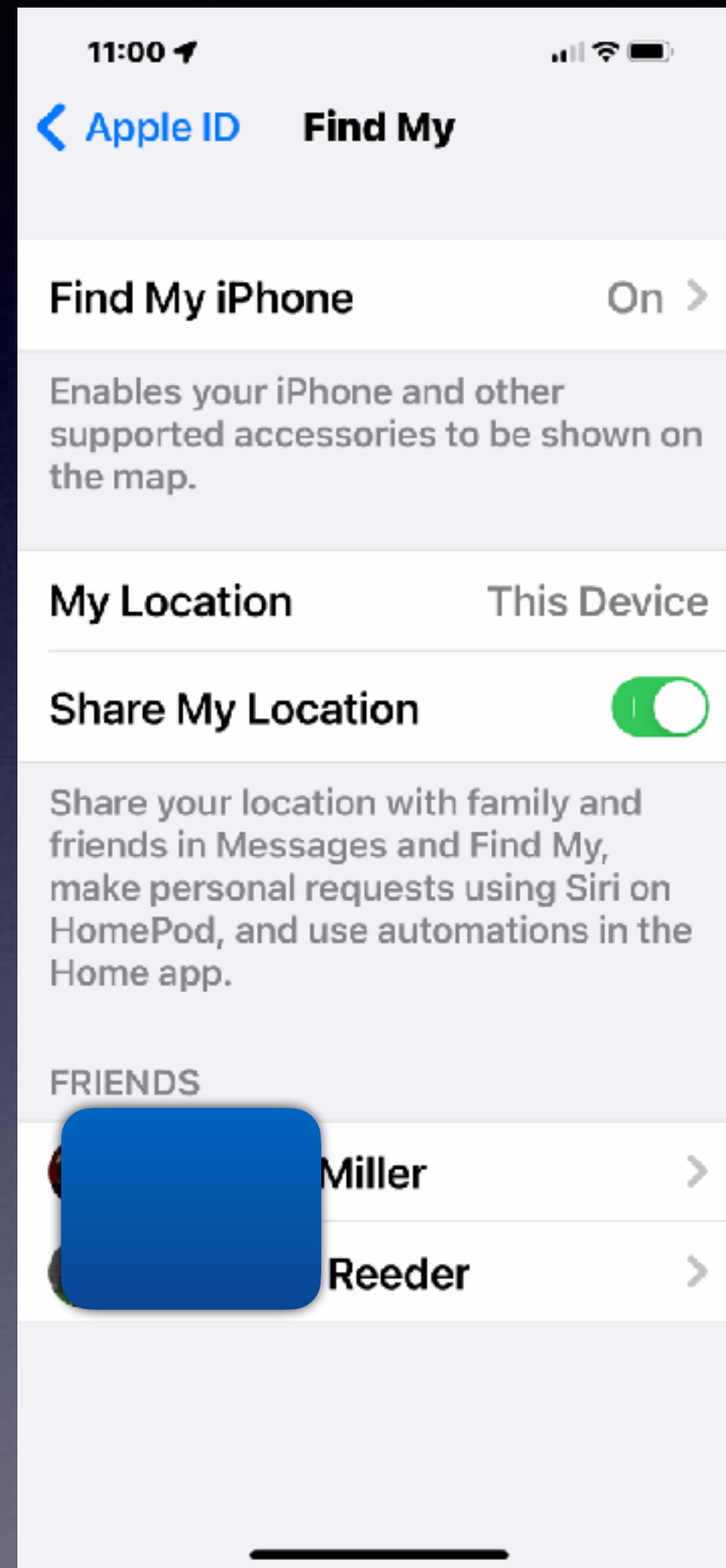
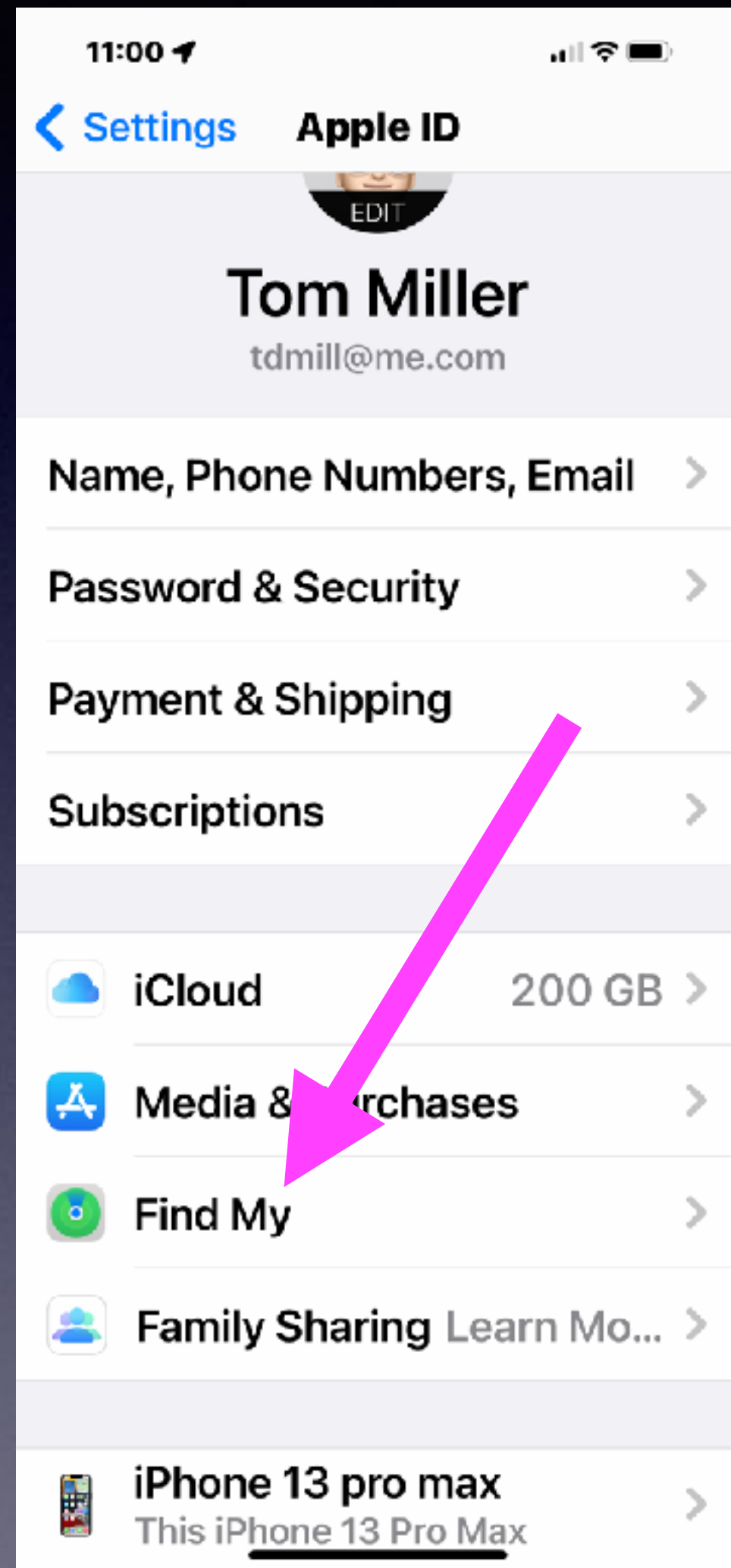
Then click on my name.

Plot my location on the name.

At that time, she can get directions to my location.



Keep My iPhone Traceable Even The Battery Is Dead!

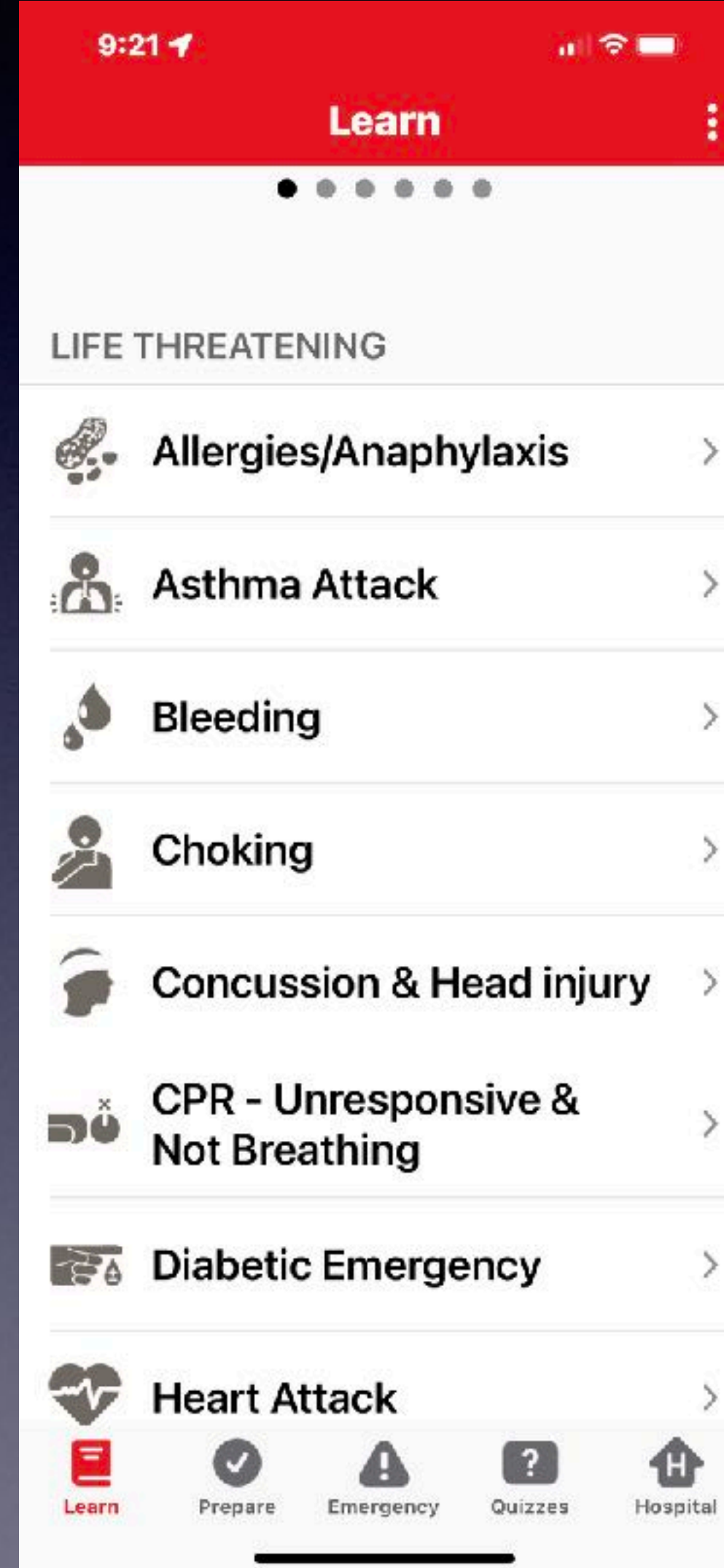
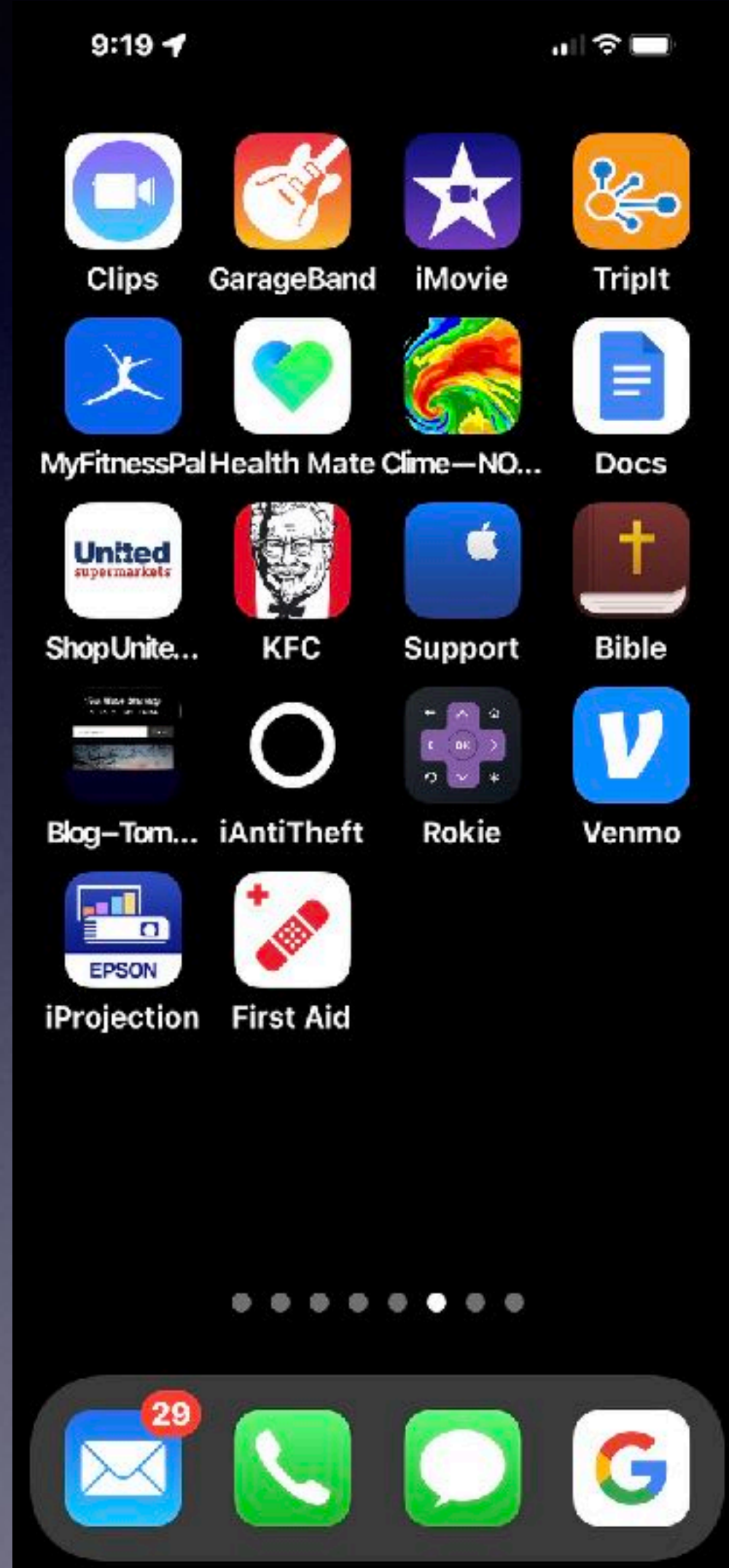
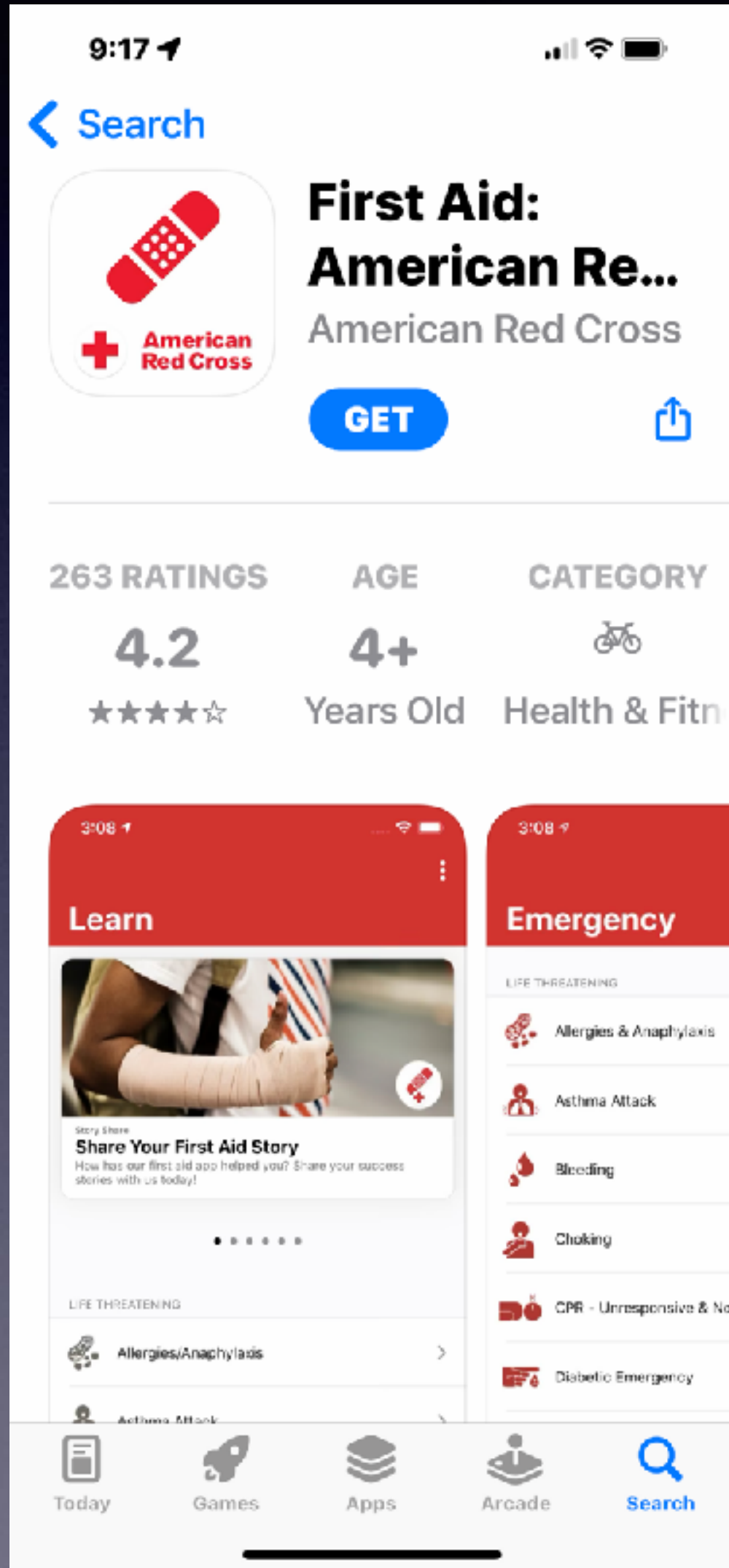


Works only on iPhone 11 or
later
running iOS 15!

Go to Settings
Tap your name
Scroll down...
Then to "Find My"!
Tap on "Find My iPhone"

Make sure all three
items are "ON".

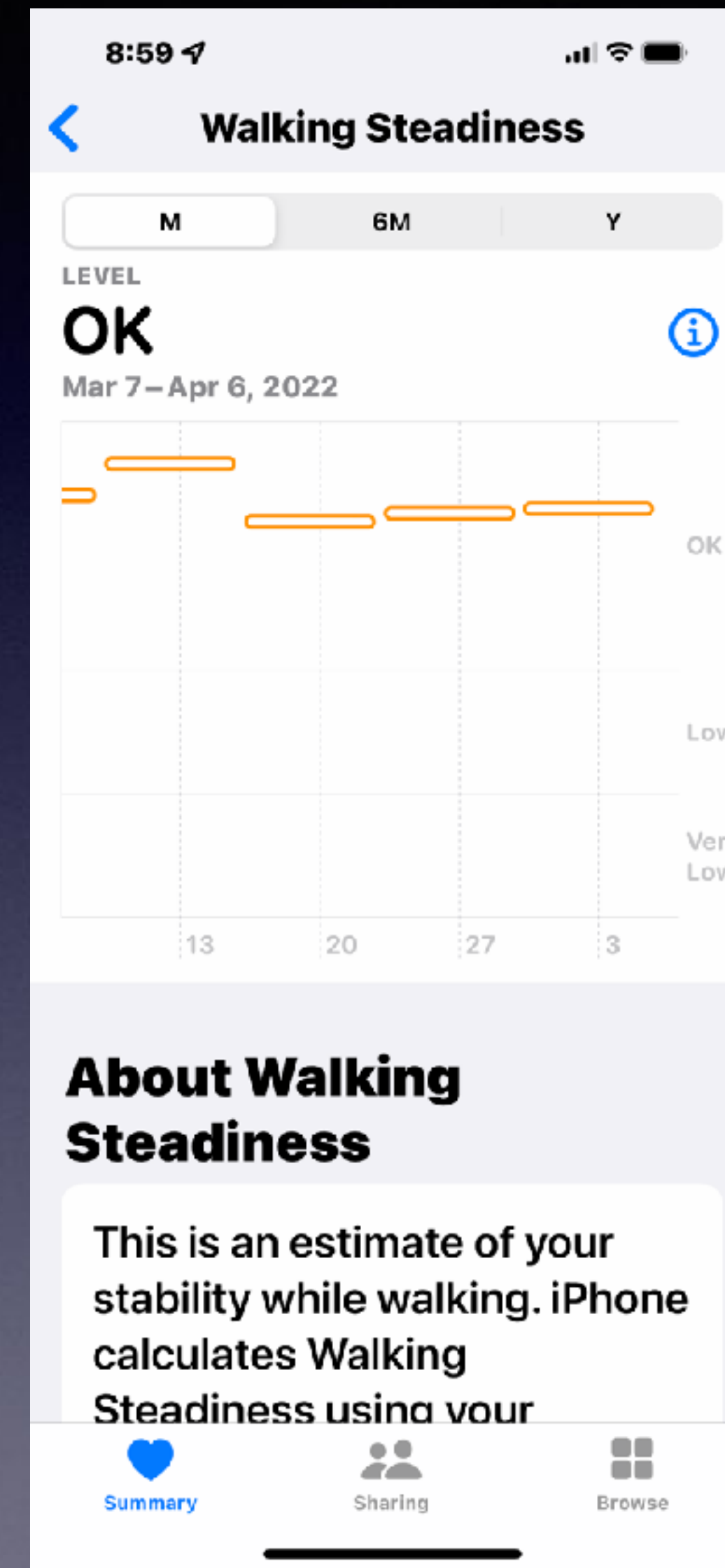
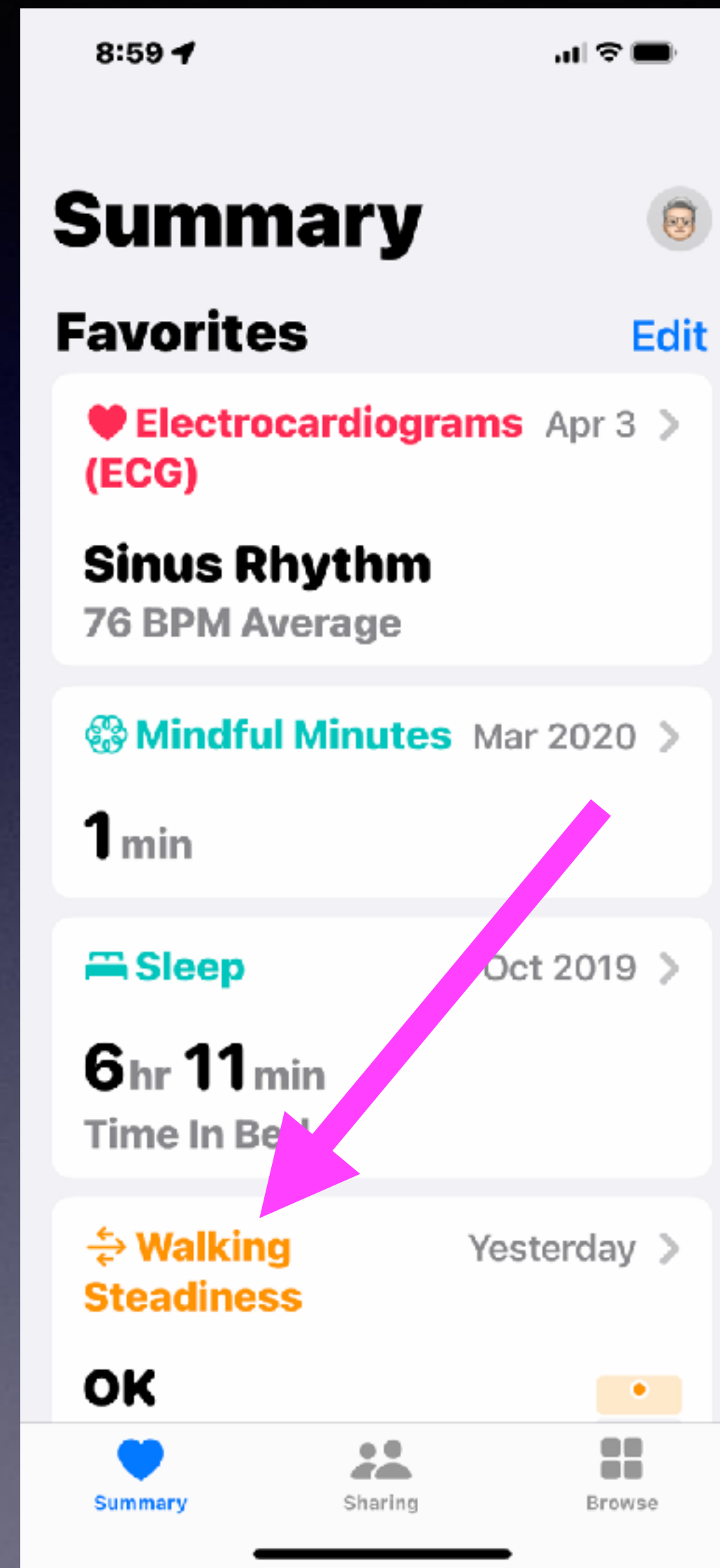
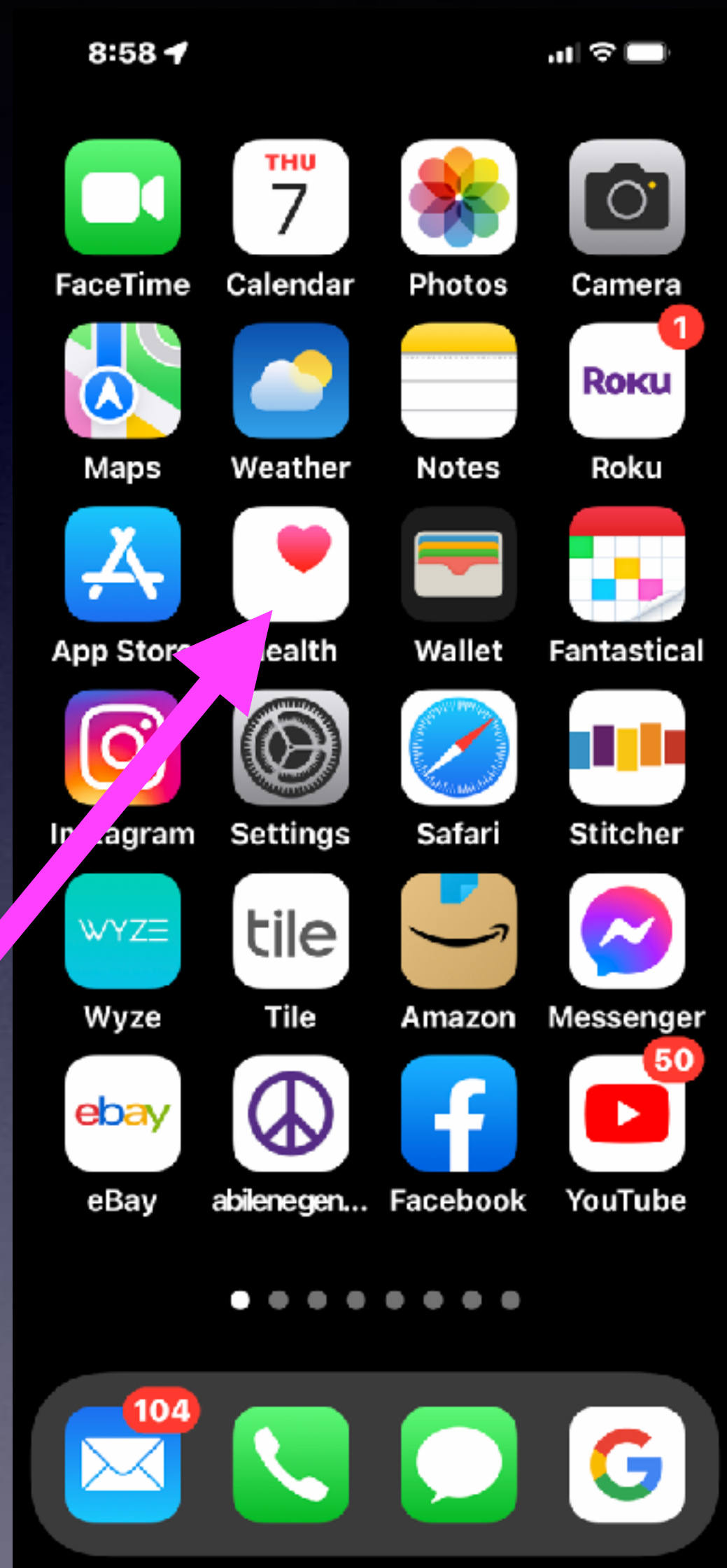
Prepare Your iPhone With Emergency Apps!



Get the "American Red Cross First Aid" App!



Is Your Balance “Off”?



Make sure you are at least OK!

Anticipate Emergencies On Your Apple Watch!

Disclaimer:

Apple assumes no liability for using their health apps!
(Nor do we)

We are not medical experts!



Fall Protection will call 911 and your emergency contacts.
Go to your Watch > Settings > SOS!

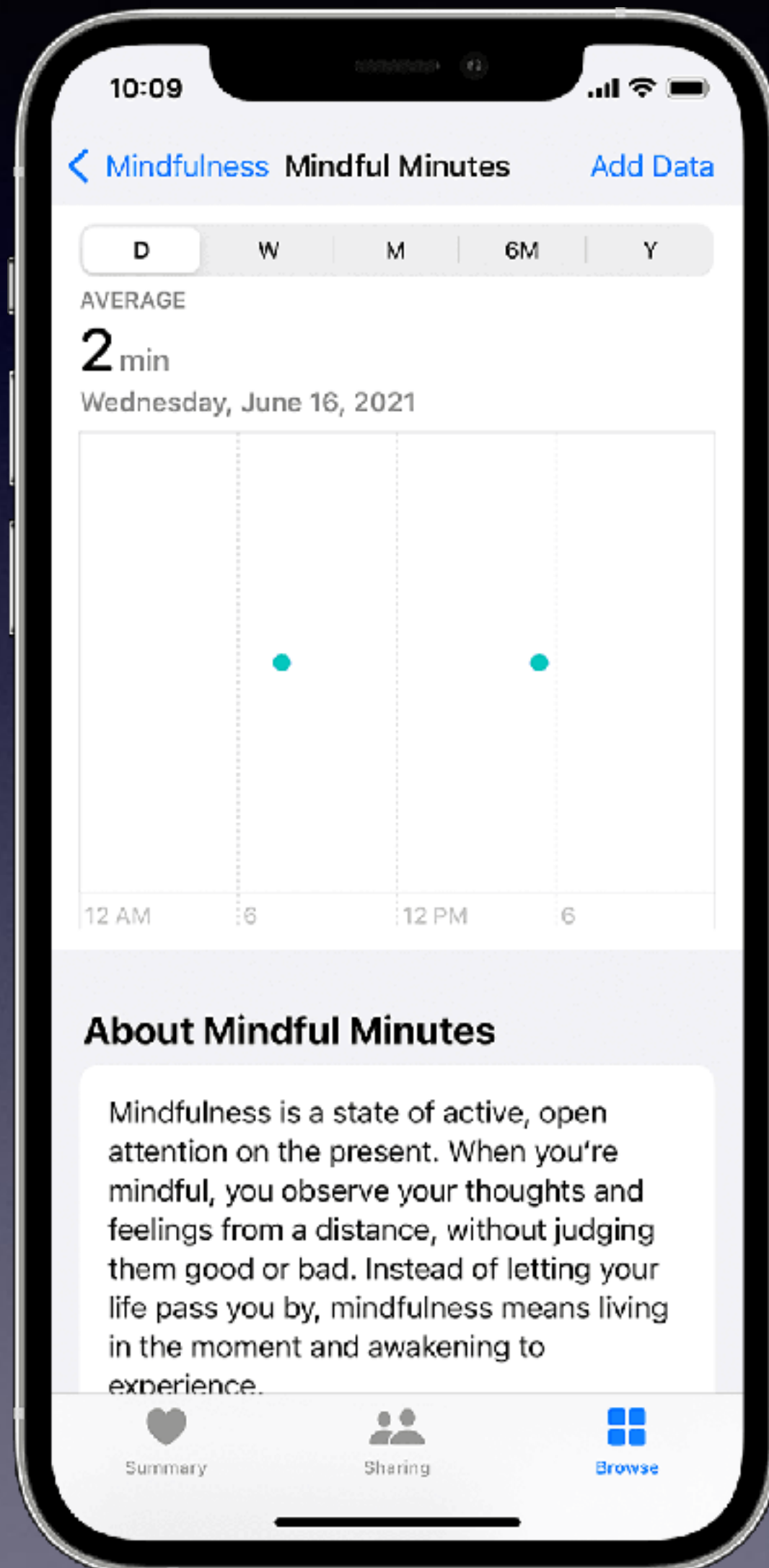
Blood oxygen sensor. (On newer watches 6 & 7)

The ECG app will check for irregular heart rhythm!
Process of producing a graph of the heart's electrical activity.

Heart Rate

Use the "Mindfulness app"

“Mindfulness” On The Apple Watch!




Use the Mindfulness app

Reflect and breathe with the Mindfulness app to help you relax and focus.



With the Mindfulness app on your Apple Watch, you can focus on your breathing with a series of deep breaths, or take a moment to reflect on a thought or action.

Start a Reflect session

1. On your Apple Watch, tap the Mindfulness app.
2. Tap the  icon, then tap Duration to adjust the length of your session.
3. Tap Reflect, then tap Begin.

To end your session early, swipe right and tap End.



Mindfulness On Your Watch!


Use the Mindfulness app

Reflect and breathe with the Mindfulness app to help you relax and focus.



With the Mindfulness app on your Apple Watch, you can focus on your breathing with a series of deep breaths, or take a moment to reflect on a thought or action.

Start a Reflect session

1. On your Apple Watch, tap the Mindfulness app.
2. Tap the  icon, then tap Duration to adjust the length of your session.
3. Tap Reflect, then tap Begin.

To end your session early, swipe right and tap End.

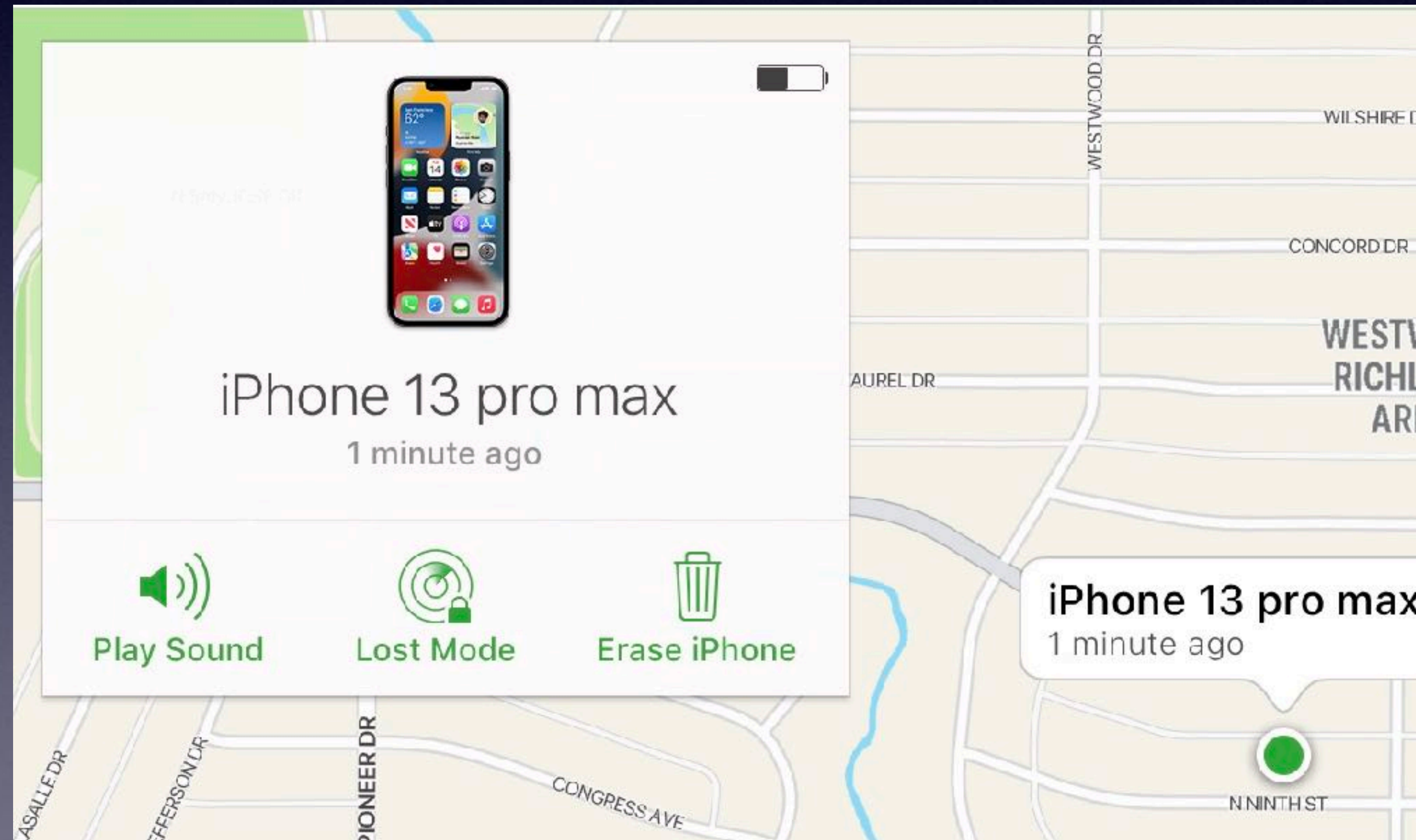


What If My iPhone or iPad Is Lost Or Stolen?

A friend or relative can go to [iCloud.com](https://www.icloud.com) for you!*

*You must know your Apple ID and your Apple ID Password!

Go to [iCloud.com](https://www.icloud.com) >
Sign in to your iCloud account with your Apple ID password >
Go the Find iPhone >
Sign in with your Apple ID password "again" >
Choose devices >
Play sound, lost mode, or erase!



Help A Friend Find Their iPhone!

